

PRODUCTS NEEDED

- Lotus Touch Sea Algae Face and Body Wrap (powder)

PREPARATION

Fill tub at appropriate water temperature. Mix 1 cup Lotus Touch Sea Algae Powder with water in large product bowl. Pour mixture into tub.

PROCEDURE

- Step 1** Client undresses and showers. Client may wear bathing suit or spa disposable.
- Step 2** Escort the client to the tub room and explain treatment procedure. Contraindications should be stated, even with repeat clients.
- Step 3** Client enters the tub with the help of the technician.
- Step 4** Help client get comfortably seated and make any necessary adjustments to water temperature and body placement.
- Step 5** Turn on air and/or water jets according to the manufacturer's directions. If a standard tub is being used, provide the client with a head pillow and be sure water is covering as much of the body as possible so there is complete immersion.
- Step 6** Treatment continues as technician checks with client every 5 minutes. Technician should also provide drinking water to client during entire treatment. A cool towel may also be provided for the face. If they have an allergy problem soak towels in Lotus Touch Allergy Essential Oil Blend for relief.
- Step 7** When the bath is complete, turn all water and/or air jets off and assist client slowly into a seated position on the edge of the tub. Check with client for any sign of light-headedness or discomfort. When client is ready, exit tub to a bench where he/ she may dry off and put a robe on. Technician should stay with client the entire time and escort client out of tub room to a cool down area where drinking water will again be provided for client. Cool down for 5-10 minutes before continuing with any other treatments.
- Step 8** Recommend at-home maintenance. Re-book.

TIMING (approx.)

15 minutes to fill and prepare tub, 30 minutes for treatment, 5 minutes for client assistance, 15 minutes to drain and clean tub, Total 65 minutes.

TREATMENT COMBOS

- Salt Glow before treatment
- Massage or facial after treatment

CONTRAINDICATIONS

See Hydrotherapy Explained

PRO NOTES: Due to the nature of the seaweed and detox powder, an occasional client may feel a bit nauseated after the treatment. A cup of warm chamomile tea helps settle the stomach. Be careful not to over-detox your client. Often a detox bath in cooler than normal water and is an excellent combo treatment after a deep tissue massage as it helps the body settle after the release of lactic acid.

*Client has a headache? Recommend Lotus Touch Headache Specialty Oil Blend. See **New Life Systems Buyer's Guide** for Information on Lotus Touch Essential Oil Blends: Allergy, Balance, Headache, Clear Mind, Hunger Free, Lotus Love and more.*