

PRODUCTS NEEDED

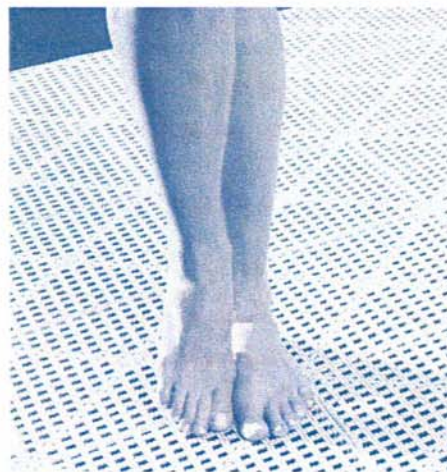
- Lotus Touch Botanical Mud (powder)
- Lotus Touch Relaxing Essential Oil Blend
- Lotus Touch Moisture Rich Cream
- Natural bristle body treatment brush
- Mylar foil or plastic body sheet
- Draping towels
- Linen sheet
- 2 blankets
- 2 sea sponges
- 1 product bowl
- Product warmer

PREPARATION

- Amount needed of product depends on size of client.
- Mix Lotus Touch Botanical Mud (powder) with warm water to the consistency of a thick paste.
- Warm mixture in product warmer 10 minutes before treatment.
- Prepare wet room table first with blankets, linen sheet, mylar foil or plastic body sheet, and dark colored body towel.
- Fill sink with warm to hot water and add 4 drops Lotus Touch Relaxing Essential Oil blend.

PROCEDURE

- Step 1** Client showers. Client may wear a bathing suit or spa disposable.
- Step 2** Escort client to treatment room and explain treatment procedure. Contraindications should be stated even with repeat clients.
- Step 3** Client lies on treatment table underneath body towel.
- Step 4** Drape client exposing only part of body being worked on.
- Step 5** Apply mixture using a painting method with a natural bristle body treatment brush. Begin with the back and continue with arms and then the legs.
- Step 6** After the back of the body has been painted, have client turn over. Re-drape client in preparation for treatment.
- Step 7** Repeat step 5. Begin with arms and legs and finish with chest and abdomen.
- Step 8** After product is applied to entire body, have client position themselves to achieve most comfort. Remove any towels used for draping. Wrap mylar foil or plastic body sheet around client and continue to wrap linen sheet and blankets. A cool towel infused with Lotus Touch Essential Oil may be placed on client's forehead at this time.



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LOTUS TOUCH® **WET ROOM TREATMENT: Botanical Mud Body Wrap**
Pure Ingredients / Powerful Results

- Step 9** Aromatherapy scalp or foot treatment may be done while client is wrapped. Leave client wrapped for 20 minutes.
- Step 10** Stay with client during entire treatment unless otherwise requested.
- Step 11** Unwrap client and remove mylar foil or plastic sheet and linens from table.
- Step 12** Re-drape client with dry dark colored body towel.
- Step 13** Begin to remove product. Use the sea sponges soaked in warm to hot water prepared in sink to remove product. Run the soaked sponges along arms and legs while gently rubbing off product. You may need to repeat for best results. When removing product from the abdomen slowly introduce the soaked sponges to the area so as not to startle client. Again, this area and the chest are sensitive. Vichy shower optional while client is prone on table.
- Step 14** Replace wet body towels with dry towels and finish treatment with application of Lotus Touch Moisture Rich Cream.
- Step 15** Assist client to a sitting position for 1–2 minutes to establish body equilibrium, then help client stand.
- Step 16** Recommend at-home bath/soak treatments and products to maintain the effects of the body wrap.

TIMING (approx.)

10 minutes preparation, 10 minutes application, 20 minutes wrap, 10 minutes Vichy shower (optional), 10 minutes product removal, 10 minutes clean-up, Total 70 minutes. Without Vichy shower 60 minutes

TREATMENT COMBOS

- Exfoliation before treatment
- Massage after treatment

CHECK CONTRAINDICATIONS

See Body Wraps Explained

Work quickly, but gently. Your clients do not want to be rushed, or feel that you are hurrying through their treatments. Work neatly! It saves time and you maintain your professional image. The New Life Systems Buyer's Guide is full of helpful hints and timesaving products.

