



Pumpkin Spice Facial Treatment

A delicious anti-aging facial treatment that will leave your skin feeling soft, hydrated and youthful. The Pumpkin Spice Moisture Mask restores the skin's water-lipid layer and increases the amount of nutrients and oxygen in the skin cells, neutralizes free radicals, and protects connective tissue. The Pumpkin Spice Facial will reverse sun damage, eliminate fine lines and wrinkles, erase lip lines and firm, lift and tone aging skin.



*Keyano &
Aromatics*

Pumpkin Spice Facial Treatment

PROCEDURE: 1 Hour



Items needed for treatment: Make-Up Remover, Champagne Foaming Facial Cleanser, Marine Plasma, Smooth A-Peel, Pumpkin Spice Massage Oil, Eterna Bella, Pumpkin Spice Moisture Mask, Pumpkin Spice Butter Cream, Eye Serum, Sun Defense SPF30, 2 sheets, pillow and blanket.

Step 1: Prepare table with sheets and blanket. Remove eye makeup and lipstick with Makeup Remover. Apply Champagne Foaming Gel Cleanser to a damp face avoiding eye area, massage and rinse with wet cotton diaper or towel. Tone skin with Marine Plasma to remove any residue with cotton pad.

Step 2: Exfoliate by applying Smooth A-Peel (on dampened skin) and leave on for 5 minutes under light steam. Rinse with warm wet cotton diaper or towel. Apply Marine Plasma and wipe with cotton pad.

Step 3: Steam skin for 10 minutes (give scalp massage)

Step 4: Apply Marine Plasma and wipe with cotton pad.

Step 5: Begin massage using Pumpkin Spice Massage Oil.

Step 6: Remove excess massage oil with cotton diaper or towel. Tone with Marine Plasma.

Step 7: Extract if necessary. Tone with Marine Plasma. Apply a light application of Eterna Bella.

Step 8: Apply Pumpkin Spice Moisture Mask and leave on for 5 minutes. While client is masking massage hands and arms with Pumpkin Spice Butter Cream. Remove with wet cotton diaper or towel.

Step 9: Finish with Eterna Bella, Sun Defense SPF30 and Eye Serum.

Recommended Home Care: Champagne Foaming Gel Cleanser, Smooth A-Peel, Marine Plasma, Eterna Bella, Enriched or Protective Cream, Super Moisture Serum + C, Eye Serum, Sun Defense, Pumpkin Spice Butter Cream, Pumpkin Spice Scrub.



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Pumpkin Spice Spa Pedicure

A delicious, fragrant fall treatment! The Pumpkin Spice Pedicure utilizes Pumpkin Spice Scrub designed to gently remove keratinized dead skin cells and callouses. The Moisture Mask softens the top layers of skin leaving a younger smoother skin with uniform pigmentation. The feet are then enveloped in a rich Pumpkin Spice Butter Cream that contains shea Butter, Vitamins A, C, D and E for softer silkier, smoother skin.



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Pumpkin Spice Spa Pedicure PROCEDURE: 1 Hour



Items Needed For Treatment: Items needed for treatment: Pumpkin Spice Mineral Bath, Pumpkin Spice Scrub, Pumpkin Spice Massage Oil, Pumpkin Spice Moisture Mask, Pumpkin Spice Butter Cream

Step 1: Prepare a footbath using 3 tablespoons of Pumpkin Spice Mineral Bath.

Step 2: Soak feet for 5 - 7 minutes.

Step 3: Remove polish, clip nails and manicure cuticles. Begin the exfoliating process. Moisten area and apply Pumpkin Spice Scrub and massage feet moving up the ankle area towards the heart. Re-apply as many times as necessary to remove dead skin cells.

Step 4: Begin masking process. Apply 1 heaping tablespoon of Pumpkin Spice Moisture Mask to the feet with a fan brush or spatula concentrating on the heels and calluses. Wrap feet in a warm wet towel or plastic bag, leave the Pumpkin Spice Moisture Mask on the feet for 5- 7 minutes. While mask sets, give the client a hand and arm massage using Pumpkin Spice Butter Cream. When using a jetted tub, leave jets off from this point..

Step 5: Remove the Pumpkin Spice Moisture Mask with the towel the feet are wrapped in or remove as much as possible with plastic bag and rinse with warm water.

Step 6: Use foot file to remove calluses. Rinse.

Step 7: Massage feet and legs with Pumpkin Spice Massage Oil and follow with a light application of Pumpkin Spice Butter Cream.

Step 8: Dry feet, clean nails, and polish.

Recommended Home Care: Pumpkin Spice Butter Cream, Pumpkin Spice Scrub, Pumpkin Spice Massage Oil, Pumpkin Spice Candle



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Pumpkin Spice Body Scrub

The Pumpkin Spice Body Scrub Wrap contains shea butter, grape seed as well as a large variety of phytonutrients with anti-oxidant properties including; vitamins, phenols, carotenoids and flavonoids. Sun damaged and dehydrated skin is particularly suited to this treatment.



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Pumpkin Spice Body Scrub

PROCEDURE: 1 Hour

Items Needed For Treatment: Items needed for treatment: Blanket, Sheet, Keyano Thermal Plastic Wrap, Pumpkin Spice Scrub, Pumpkin Spice Butter Cream.



Step 1: Prepare the table with a blanket, sheet & towel.

Step 2: Pour 1 1/2 oz. of Pumpkin Spice Butter Cream in a bowl and keep warm.

Step 3: Escort client to treatment table and have them lie face down and cover with a towel.

Step 4: Pour 2 oz. of Pumpkin Spice Scrub in a bowl. Begin at the feet, moisten area prior to applying Pumpkin Spice Scrub with a fast circular motion up the entire back of the body until skin feels smooth. Have client turn over & repeat procedure. Continue with the entire body always in the direction of the heart. The abdomen area is applied in a clockwise circular motion. Escort client to shower. While client is in shower put plastic sheet on table. If a shower is not available use wet warm towels to remove scrub

Step 5: Escort client back to the table lying face down, apply warm Pumpkin Spice Butter Cream liberally to the back. Have client roll over and continue to apply to the rest of the body. Do not apply to the bottom of the feet in case client has to leave the table. Only use one hand for application and apply as quickly as possible so client will not become cold.

Optional: Perform a massage using the Pumpkin Spice Butter Cream rather than wrapping the client.

Step 6: Wrap client in plastic wrap & cover with sheet and blanket. Keep client as warm as possible.

Step 7: Time for 20 minutes. Perform a relaxing scalp massage while client is resting. This treatment can also be done in a shorter time frame by just applying Pumpkin Spice Butter Cream following the scrub as opposed to leaving the cream on for 20 minutes.

Step 8: Unwrap and massage remaining cream that has not been absorbed.

Step 9: Have client rest and drink plenty of water.

Recommended Home Care: Pumpkin Spice Butter Cream, Pumpkin Spice Scrub, Pumpkin Spice Massage Oil, Pumpkin Spice Candle.



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Pumpkin Spice Body Wrap

A relaxing body treatment rich in naturally occurring antioxidants, essential fatty acids, carotenoids, ferulic acid, sterols, polyphenols, and contains remarkably high levels of vitamin E. The Pumpkin Spice Moisture Mask restores the skin's water-lipid layer and increases the amount of nutrients and oxygen in the skin cell, neutralizes free radicals, and protects connective tissue.



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Pumpkin Spice Body Wrap

PROCEDURE: 1 Hour

Items Needed For Treatment: Body brush, Blanket, Sheet, Large Bath Towel, Keyano Thermal Plastic Wrap, Pumpkin Spice Scrub, Pumpkin Spice Moisture Mask, Pumpkin Spice Butter Cream.



Step 1: Prepare the table with a blanket, sheet and towel.

Step 2: Pour 3 oz. of Pumpkin Spice Scrub in a treatment bowl.

Step 3: Escort client to treatment table and have them lie face down and cover with a towel.

Step 4: Moisten area and begin exfoliation on the back with the Pumpkin Spice Scrub with a smooth circular motion. Have client turn over and continue with the entire body always in the direction of the heart until skin feels smooth. The abdomen area is applied in a clockwise circular motion. Escort client to shower or remove with wet towels. While client is in shower put plastic sheet on table.

Step 5: Prepare 1/4 cup of Pumpkin Spice Moisture Mask. While client is lying face down apply warm Pumpkin Spice Moisture Mask to the back of the body. Have client turn over and finish applying to the rest of the body. Only use one hand for application and apply as quickly as possible so client will not become cold. If removing with wet towels use a thinner coat of mask in your application. Do not apply to the bottom of the feet in case client has to leave the table.

Step 6: Wrap client in plastic sheet & cover with sheet and blanket. Keep client as warm as possible.

Step 7: Time for 20 minutes. Perform a relaxing scalp massage while client is resting.

Step 8: Unwrap plastic and escort client to the shower. While client is in the shower remove plastic leaving the sheet on the table. If no shower is available begin removing mask with heated towels or diapers. If using a Vichy shower, rinse on the table. (Do not use soap)

Step 9: Escort client to the table lying face down. Apply Pumpkin Spice Butter Cream to the back, have client turn over and then apply to the rest of the body. Have client rest and drink plenty of water.

Recommended Home Care: Pumpkin Spice Butter Cream, Pumpkin Spice Scrub, Pumpkin Spice Massage Oil, Pumpkin Spice Candle



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