

Chocolate Spa Pedicure

A luxurious treat for your feet. Splash around in a Chocolate Mineral foot bath, followed by a Chocolate Scrub, Chocolate Mousse mask and a massage with our Chocolate Butter Cream. Your feet never felt this good!

A pedicure utilizing cocoa for a nourishing, slimming and relaxing treatment. Derived from the Amazon, cocoa is among the most concentrated vegetable sources of energy. It provides minerals such as magnesium and zinc as well as from 1.5 to 3% of theobromine, a methylxanthine very similar to caffeine that has an effect on stimulation of lipogenesis (fat burning).

Do not perform service on clients that are allergic to cocoa

PROCEDURE 1 1/4 Hour

Items Needed For Treatment: Chocolate Mineral Bath, Chocolate Mousse Mask, Chocolate Scrub, Chocolate Butter Cream.

- Step 1: Prepare Chocolate Mousse Mask
- Step 2: Prepare foot bath using 2tbls. of Chocolate Mineral Bath (This is formulated for use in Pedicure Jacuzzis. Chocolate Mineral Bath will not clog the Jets.)
- Step 3: Soak feet for 5 minutes.
- Step 4: Begin the exfoliating process. Moisten area and apply Chocolate Scrub and massage feet moving up the ankle area towards the Heart. Re-apply as many times as necessary to remove dead skin cells.
- Use implements, if necessary to remove calluses.
Perform manicure.
- Step 5: Mix 1/4 cup of Chocolate Mousse mask with approximately 2 oz. of warm water. (*Do not use hot water, mask will get to hot for application*) The Chocolate Mousse will fizz and begin to heat. Mix in water slowly and have bowl large enough for the mask to expand in. Be sure mask is not too hot for application to the skin. Apply Chocolate Mousse mask to feet and ankles. Leave on for 5 minutes and rinse. While mask is on feet and ankles, massage hands with Chocolate Butter Cream.
Option: Add 1/2 teaspoon of Chocolate Butter Cream to mixture for additional hydration.
- Step 6: Remove Chocolate Mousse mask, rinse and dry feet. Massage feet and lower leg with Chocolate Butter Cream working towards the heart.
- Step 7: Clean toe nails and apply polish.

Recommended Home Care: Chocolate Butter Cream, Chocolate Scrub, Chocolate Candle.