



## *Pumpkin Spice Spa Pedicure*

A delicious, fragrant fall treatment! The Pumpkin Spice Pedicure utilizes Pumpkin Spice Scrub designed to gently remove keratinized dead skin cells and callouses. The Moisture Mask softens the top layers of skin leaving a younger smoother skin with uniform pigmentation. The feet are then enveloped in a rich Pumpkin Spice Butter Cream that contains shea Butter, Vitamins A, C, D and E for softer silkier, smoother skin.



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Aromatics*

## Pumpkin Spice Spa Pedicure PROCEDURE: 1 Hour



**Items Needed For Treatment:** Items needed for treatment: Pumpkin Spice Mineral Bath, Pumpkin Spice Scrub, Pumpkin Spice Massage Oil, Pumpkin Spice Moisture Mask, Pumpkin Spice Butter Cream

**Step 1:** Prepare a footbath using 3 tablespoons of Pumpkin Spice Mineral Bath.

**Step 2:** Soak feet for 5 - 7 minutes.

**Step 3:** Remove polish, clip nails and manicure cuticles. Begin the exfoliating process. Moisten area and apply Pumpkin Spice Scrub and massage feet moving up the ankle area towards the heart. Re-apply as many times as necessary to remove dead skin cells.

**Step 4:** Begin masking process. Apply 1 heaping tablespoon of Pumpkin Spice Moisture Mask to the feet with a fan brush or spatula concentrating on the heels and calluses. Wrap feet in a warm wet towel or plastic bag, leave the Pumpkin Spice Moisture Mask on the feet for 5- 7 minutes. While mask sets, give the client a hand and arm massage using Pumpkin Spice Butter Cream. When using a jetted tub, leave jets off from this point..

**Step 5:** Remove the Pumpkin Spice Moisture Mask with the towel the feet are wrapped in or remove as much as possible with plastic bag and rinse with warm water.

**Step 6:** Use foot file to remove calluses. Rinse.

**Step 7:** Massage feet and legs with Pumpkin Spice Massage Oil and follow with a light application of Pumpkin Spice Butter Cream.

**Step 8:** Dry feet, clean nails, and polish.

**Recommended Home Care:** Pumpkin Spice Butter Cream, Pumpkin Spice Scrub, Pumpkin Spice Massage Oil, Pumpkin Spice Candle

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1-800-800-0313





## *Pumpkin Spice Facial Treatment*

A delicious anti-aging facial treatment that will leave your skin feeling soft, hydrated and youthful. The Pumpkin Spice Moisture Mask restores the skin's water-lipid layer and increases the amount of nutrients and oxygen in the skin cells, neutralizes free radicals, and protects connective tissue. The Pumpkin Spice Facial will reverse sun damage, eliminate fine lines and wrinkles, erase lip lines and firm, lift and tone aging skin.



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## Pumpkin Spice Facial Treatment

PROCEDURE: 1 Hour



**Items needed for treatment:** Make-Up Remover, Champagne Foaming Facial Cleanser, Marine Plasma, Smooth A-Peel, Pumpkin Spice Massage Oil, Eterna Bella, Pumpkin Spice Moisture Mask, Pumpkin Spice Butter Cream, Eye Serum, Sun Defense SPF30, 2 sheets, pillow and blanket.

**Step 1:** Prepare table with sheets and blanket. Remove eye makeup and lipstick with Makeup Remover. Apply Champagne Foaming Gel Cleanser to a damp face avoiding eye area, massage and rinse with wet cotton diaper or towel. Tone skin with Marine Plasma to remove any residue with cotton pad.

**Step 2:** Exfoliate by applying Smooth A-Peel (on dampened skin) and leave on for 5 minutes under light steam. Rinse with warm wet cotton diaper or towel. Apply Marine Plasma and wipe with cotton pad.

**Step 3:** Steam skin for 10 minutes (give scalp massage)

**Step 4:** Apply Marine Plasma and wipe with cotton pad.

**Step 5:** Begin massage using Pumpkin Spice Massage Oil.

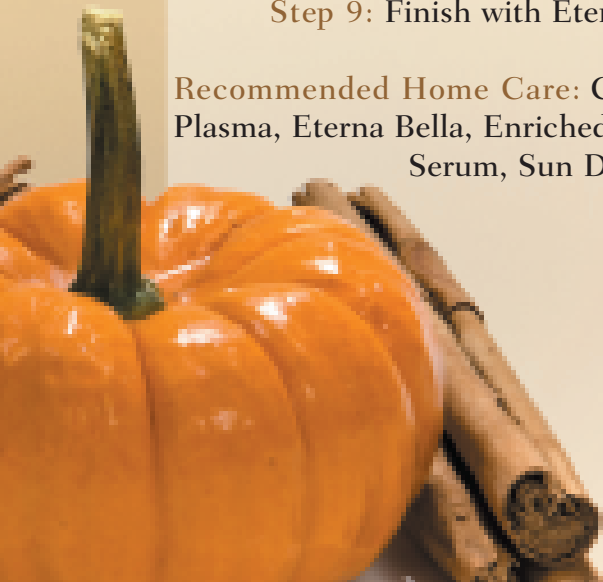
**Step 6:** Remove excess massage oil with cotton diaper or towel. Tone with Marine Plasma.

**Step 7:** Extract if necessary. Tone with Marine Plasma. Apply a light application of Eterna Bella.

**Step 8:** Apply Pumpkin Spice Moisture Mask and leave on for 5 minutes. While client is masking massage hands and arms with Pumpkin Spice Butter Cream. Remove with wet cotton diaper or towel.

**Step 9:** Finish with Eterna Bella, Sun Defense SPF30 and Eye Serum.

**Recommended Home Care:** Champagne Foaming Gel Cleanser, Smooth A-Peel, Marine Plasma, Eterna Bella, Enriched or Protective Cream, Super Moisture Serum + C, Eye Serum, Sun Defense, Pumpkin Spice Butter Cream, Pumpkin Spice Scrub.



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