

# MASSAGE TOOL KIT

Wooden Self Massage  
& Reflexology Kit



EarthLite®

WORLD'S #1 BRAND IN MASSAGE™



# Massage Tool Kit

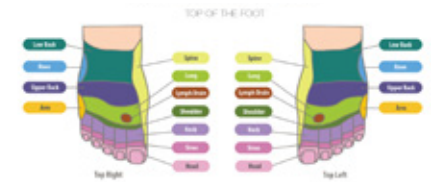
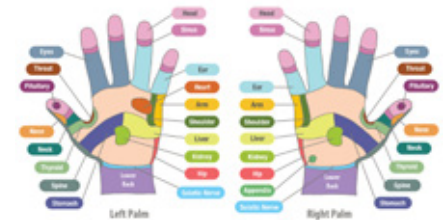
## Wooden Self Massage & Reflexology Kit

The Earthlite Massage Tool Kit is comprised of 3 trigger point release tools that fit naturally in your hands and are designed to relieve deep tissue tension with effortless exertion with your hands / fingers. Remove energy blockages with manipulation techniques & alternating pressure. The knobble tool comes to the rescue of thumbs and joints from wear and tear associated with manual massage; access deep trigger point massage with minimal effort. The solid wood tools are made of maple (stick) & beech (ball & knobble) with a clear lacquer finish for easy cleaning. Set includes a burlap bag and a reflexology chart as aid.

**Self Massage Kit:** The perfect gift and self-care tool. Release pain & trigger points, ease muscle tension, restore and relax.

**All Natural, Solid Wood:** Sustainably sourced wood.

**Easy To Use Yourself Or With A Partner:** Work on relieving tension, increasing blood flow & flexibility, alleviating muscle pain, improving athletic performance.



### Reflexology Charts:

To help you locate trigger points that coordinate with specific organs and body parts through energy channels in the body.

**Please Note:**  
Reflexology may also not be right for people with diabetes, osteoarthritis (affecting the ankle or foot), circulatory problems, active infections, gallstones, kidney stones, or certain types of cancer. Pregnant women should avoid reflexology.

