

PRODUCTS NEEDED

- Parafango Complete Kit
- Protective table cover
- Massage table
- Plastic wrap

PREPARATION

- Prepare the table with sheets and a covering of Plastic wrap
- Put an additional piece of Plastic wrap on the floor for client to stand on if just doing a leg wrap
- Client should have a body exfoliation first and be free of oils, lotions and perfumes

TREATMENT

- Step 1** Weigh the client and measure her/him above the knee, mid thigh and upper thigh.
- Step 2** Place the thermoplastic film on the bed. Apply the exfoliating cream-gel Cremfoliant on the desired area. Wait for one minute before gently rubbing in circular movements. Once dry, remove any excess product with a tissue.
- Step 3** If treating inch loss use the Aminodren ampoules and for cellulite use the Aminocel AHA ampoules. Apply the serum with a gentle massage until it is uniformly applied over the entire area.
- Step 4** Mix the Parafango well with the brush before applying. Turn the client on the side and brush the Parafango onto the area until a thick layer is achieved. This is necessary to create a natural mini-sauna effect.
- Step 5** The correct application of the Parafango will ensure the ideal local temperature to better absorb the active ingredients in the ampoule. In addition, perspiration is increased to encourage elimination of liquids.
- Step 6** Wrap the film tightly around each thigh 4 times starting from the ankle upwards. Wrap around the waist separately when treating the abdomen.
- Step 7** Cover the client with the thermoplastic film.
- Step 8** To increase fluid circulation and improve the efficiency of the wrap cover the client with a blanket or electric blanket for 15 minutes.
- Step 9** Cut the wrap down the center starting from the ankle upwards.
- Step 10** Peel the Parafango off to the sides.
- Step 11** Complete the treatment by using the thermoactive cream Lipominacel for cellulite or Aminofirm for skin toning. Now is the time to recommend the daily use of Lotus Touch maintenance products at home.
- Step 12** When applying the cream, massage until fully absorbed. Re-take body measurements after applying the cream.

TIMING

1-1.5 hours depending on a partial treatments or a full body Parafango Treatment.

CONTRAINDICATIONS

- Any active skin disease
- Do not use on open wounds

