



- *Designed to exfoliate and invigorate*
- *Helps to reduce the appearance of cellulite*

PRODUCTS NEEDED

- Lotus Touch Cellulite Salt Glow
- Lotus Touch Cellulite Essential Oil Blend
- Lotus Touch Hydrating Rich Lotion
- Lotus Touch Therapeutic Oil Gel
- Product warmer
- 2 Sea Sponges
- Product bowl

PREPARATION

- Mix Cellulite Salt Glow with Lotus Touch Therapeutic Oil Gel. Consistency should not be runny nor should it be too thick so that it clumps when applied.
- Using product bowl, warm mixture in product warmer 10 minutes before treatment. Amount of product depends on the size of client.
- Prepare wet room table with bath towels and head pillow.
- Fill sink with warm to hot water and add 4-6 drops of Lotus Touch Cellulite Essential Oil Blend.

PROCEDURE

- Step 1** Client undresses, showers, may wear bathing suit or spa disposable.
- Step 2** Escort the client into the treatment room and explain the procedure. Contraindications should be stated, even with repeat clients.
- Step 3** Client lies on back on treatment table, over body towel.
- Step 4** Technician drapes client in preparation for treatment. Expose only the part of the body being worked on.
- Step 5** Gently apply Cellulite Salt Glow, using circular hand movements, starting with the arms and legs. Abdomen and chest should be done last. These areas are sensitive. Pressure is best known by asking the client for their feedback. If extreme sensitivity occurs, discontinue treatment.
- Step 6** After the front of the body has been exfoliated, use sea sponges soaked in warm to hot water to remove the product. Run the soaked sponges along the arms and legs, gently rubbing off the product. You may need to repeat in each area. When removing product from the abdomen work slowly and gently; this area and the chest are sensitive.
- Step 7** When finished with the front of the body, have the client turn over and replace existing body towel with a clean, dry body towel. Drape client in preparation for treatment. Repeat steps 5 and 6.
- Step 8** Vichy shower or standing shower is optional at this time.
- Step 9** Re-drape table with dry towels.
- Step 10** On towel-dried body, apply Lotus Touch Hydrating Rich Lotion mixed with 2-3 drops of Lotus Touch Cellulite Essential Oil Blend.
- Step 11** Recommend at-home body care products and accessories. Re-book.

TIMING (approx.) 10 min. preparation, 30 min. treatment, 10 min. Vichy shower (optional), 10 min. clean-up, Total 60 min.

CHECK CONTRAINDICATIONS See Exfoliation Explained

TREATMENT COMBOS • Full body massage • Seaweed body wrap

Best results? Set up a series of weekly treatments. Send client home with Lotus Touch Hydrating Rich Lotion and Lotus Touch Cellulite Essential Oil Blend.