

Purifying Back Treatment

Relax, distress and purify the back of any impurities with this treatment. A deep cleansing scrub is followed by a detoxifying mud mask to draw out impurities. Finishes with a soothing massage to relieve tension and leave skin feeling smooth and silky.

Ingredients

- Exfoli-Sea Salt Glow 1 oz
- Detoxifying CC.....30 drops
- Black Baltic Body Mud 1 oz
- Smoothing Massage Butter..... 1 oz
- Purify EO Blend..... 10 drops

Tools

- 3 Rubber Spa Bowls
- 9 Warm, moist hand towels
- 1 Plastic Wrap

Instructions

1. Mix Exfoli-Sea Salt Glow with 15 drops of Detoxifying Customizing Complex in a rubber bowl.
2. Mix Black Baltic Body Mud with 15 drops of Detoxifying Customizing Complex in a rubber bowl.
3. Mix Smoothing Massage Butter with 10 drops of Purify EO Blend.
4. Apply exfoliation treatment with Exfoli-Sea Salt Glow.*
5. Apply Black Baltic Body Mud in an even layer to each part of the body*, while quickly covering each area with plastic wrap. Cover the client with a towel to keep warm.
6. While standing at the head of the table, pull up all layers of sheets, thermal wrap and blanket, cocooning the client.
7. Allow the client to rest for 15-20 min. This is an ideal time to incorporate an add-on face or foot massage.
8. Remove plastic wrap, removing as much mud as possible with the wrap. Remove remaining mud with warm, moist towels. Be sure to cover exposed damp skin with a bath towel.
9. Perform a finishing treatment with Smoothing Massage Butter.



Session Time: 60 minutes

Recommended Price: \$70 - \$100

Cost Per Treatment: \$3.88